



BANQUET MENU 2007

Continental Breaks

Basic Continental

Assorted Breakfast Breads & Pastries

Assorted Juices

Coffee and Tea

\$7.95 per person

Upgraded Continental

Assorted Breakfast Breads & Pastries

Sliced Fresh Fruit

Plain & Fruited Yogurts

Assorted Juices

Freshly Brewed Coffee and Tea

\$8.95 per person

Full Private Breakfast Buffet

Scrambled Eggs

Breakfast Potatoes

Crisp Bacon & Sausage

Belgian Waffles with Syrup

Sliced Fresh Fruit

Assorted Yogurt

Cold Cereal and Milk

Selection of Breakfast Breads & Pastries

Assorted Juice

Freshly Brewed Coffee and Tea

\$12.95 per person

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Courtyard by Marriott Country Club Plaza

4600 JC Nichols Parkway Kansas City, MO 64112

Phone: 816.285.9764 ♦ Website: www.courtyardkansascity.com

All Day Meeting Package with Lunch

Minimum of 15 people

Continental Breakfast

Assorted Breakfast Breads and Pastries

Sliced Fresh Fruit

Assorted Juices

Freshly Brewed Coffee and Tea

Mid Morning Break

Freshly Brewed Coffee and Tea

Assorted Sodas and Bottled Water

Afternoon Break

Assorted Cookies

Iced Cold Milk

Freshly Brewed Coffee and Tea

Assorted Sodas and Bottled Water

Lunch

Please make one selection

Chicken Parmesan

Crispy Chicken Breast, Mozzarella, Tomato Sauce

Served on Fettuccine pasta with grilled zucchini and squash

Classic Caesar Salad

Rolls and Butter

New York Cheesecake

Freshly Brewed Coffee and Tea

~or~

Chicken Marsala

Sautéed Boneless Breast of Chicken topped with Onions, Roasted Garlic,

Mushrooms and Marsala wine

Accompanied by Roasted Garlic Whipped Potatoes

Chef's Choice Seasonal Vegetable

Mixed Green Salad tossed with red wine vinaigrette

Rolls and Butter

New York Cheesecake

Freshly Brewed Coffee and Tea

\$39.50 per person

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All Day Meeting Package

Continental

Assorted Breakfast Breads and Pastries
Sliced Fresh Fruit
Assorted Juices
Freshly Brewed Coffee and Tea

Mid Morning Break

Freshly Brewed Coffee and Tea
Assorted Sodas
Bottled Water

Afternoon Break

Assorted Cookies
Ice Cold Milk
Freshly Brewed Coffee and Tea
Assorted Sodas and Bottled Water
\$19.50 per person



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Gourmet Sandwich Box Lunches

All box lunches and specialty wraps are \$14.95 served with a freshly made pasta salad, snack chips, homemade cookie, and soda

Deli Selections

Roast Beef with Cheddar Cheese
Smoked Turkey with Big Eye Swiss
Black Forest Ham with Big Eye Swiss
Curry Chicken Salad
Tuna Salad

All sandwiches are served on Honey Wheat Bread accompanied by lettuce, tomato, mayonnaise and mustard on the side

Specialty Wrap Box Lunches

Thai Chicken Wrap

Charbroiled Chicken in a Thai marinade combined with crispy cucumbers, shredded carrot and finished with a tangy peanut sauce

The Cobb

Carved Turkey Breast, Applewood Smoked Bacon, Lettuce, Tomato, Chopped Egg and Bleu Cheese

Very Veggie

Julienne grilled vegetables with a roasted red pepper hummus spread

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Entrée Box Salads

*All entrée box salads are \$13.95 served with crackers,
homemade cookie, and soda*

Club Salad

*Crisp romaine and iceberg lettuce, smoked turkey, bacon, sliced tomato,
crumbled bleu cheese tossed in a vinaigrette dressing*

Chinese Chicken Salad

*Grilled chicken tossed with fresh greens, Asian noodles, mandarin oranges, snow
peas, bell peppers, water chestnuts, green onion served with a sesame ginger
dressing*

Chop Salad

*Spring mix, chopped egg, smoked bacon, red onion, grilled chicken, tomato,
cucumber, and Provolone cheese tossed in a roasted garlic vinaigrette dressing*

Chicken Caesar

*Crisp romaine lettuce, grilled chicken, Roma tomato, and jumbo garlic croutons
served with a Roman Caesar dressing with parmesan cheese*

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Buffet Lunches

*Includes coffee and iced tea
(15 person minimum)*

The J.C. Nichols Deli

*Sliced turkey, Black Forest ham and oven roasted beef
Assorted sliced cheeses (pepper jack, Swiss, and cheddar)
Platter of lettuce, tomato, onion and pickles
Assorted breads (white, wheat, rye, and pumpernickel)
Condiments (mayonnaise, mustard, and sun-dried tomato cream cheese)
Homemade pasta salad
Homemade cookies and brownies
\$19.95 per person*

Kansas City BBQ

*A selection of two meats: Mesquite grilled chicken, Beef brisket,
Turkey, and Smoked Pork Chops
Kettle baked beans
Creamy coleslaw
Fried Potatoes
Assorted breads and buns with pickles and BBQ sauce
Fresh baked cookies and brownies
\$22.75 per person*

The Southwest Boulevard

*Seasoned Chicken and Beef
Refried Beans
Grilled Onions and Peppers
Shredded Lettuce, Cheddar Cheese, Black Olives, Sour Cream, Tomato, Salsa, Guacamole,
Tortilla Chips, Taco Shells and Soft Tortillas
Fresh Baked Cookies and Brownies
\$20.50 per person*

Pasta! Pasta!

*Classic Caesar Salad
Fettuccine Pasta and Cheese Tortellini
Traditional Marinara Sauce
Light Garlic Parmesan Cream Sauce
Pesto Sauce
Assorted Toppings (Italian seasoned grilled chicken, Italian sausage,
parmesan and mozzarella cheese, and black olives)
Garlic Bread
Fresh Baked Cookies and Brownies
\$18.50 per person*

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Plated Lunch Menu

All plated lunches are accompanied by your choice of salad and dessert.

Salads (Choice of one)

4600 Salad

*Mixed greens with Roma tomatoes, cucumbers, bleu cheese crumbles and caramelized almonds
Served with a choice of two dressings: Ranch, Honey Mustard, Italian, Sesame Ginger,
or a Red Wine Vinaigrette*

Classic Caesar

*Crisp romaine lettuce with garlic croutons and parmesan cheese
Tossed with our Roman Caesar dressing*

Entrees (Choice of one)

Chardonnay Chicken

*Grilled chicken breast topped with chardonnay cream sauce
Served on rice pilaf with chef's seasonal vegetable
\$17.25 per person*

Chicken Parmesan

*Crispy chicken breast, mozzarella, tomato sauce
Served on fettuccine pasta with grilled zucchini & squash
\$17.25 per person*

Slow Roasted Pork Chop

*Seasoned with fresh rosemary, garlic and natural jus
Accompanied with Garlic Mashed Potatoes and Chef's Choice Vegetable
\$19.95 per person*

Sliced Flank Steak*

*Topped with bleu cheese butter, sweet red cabbage, and a baked potato
\$21.95 per person*

**All steaks will be cooked to the same temperature*

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Luncheon and Dinner Desserts

Choice of one dessert

New York Cheesecake

*Served with a choice of topping (choice of one):
Strawberry, Raspberry, Blueberry, Chocolate or Caramel*

Nutmeg Custard with Caramel Drizzle

Strawberry Shortcake

Chocolate Cake with Strawberry Glaze



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Plated Dinners

*All plated dinners are accompanied by your choice of salad and dessert
Coffee, Iced Tea & Rolls are included with each meal*

Salads

Signature House Salad

Mixed Greens with Roma Tomatoes, Cucumbers, Bleu Cheese Crumbles and Caramelized Almonds

Served with a choice of two dressings: Ranch, Honey Mustard, Italian, Red Wine Vinaigrette, and Sesame Ginger Dressing

Classic Caesar

Crisp Romaine Lettuce with Garlic Croutons and Parmesan tossed with our Roman Caesar Dressing

Entrees

Sliced Flank Steak

*Served with Bleu Cheese Butter
Choice of Baked Potato or Rice Pilaf
Chef's Choice Vegetable
\$31.25 per person*

Grilled Salmon

*Served with Chardonnay Rice & Chef's Choice Vegetable
\$23.50 per person*

Champagne Chicken

*Served with Rice Pilaf & Chef's Choice Vegetable
\$19.95 per person*

Fettuccine Alfredo

*Served with Grilled Zucchini & Squash
\$11.95 per person or \$15.95 per person with chicken*

Pork Loin

*Served with Orange Remoulade, Garlic Mashed Potatoes with Herb Butter
Chef's Choice Vegetable
\$22.95 per person*

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Break Packages

Brain Food

*Assorted Granola Bars
Plain & Fruited Yogurts
Pretzels and Mixed Nuts
Sliced Fresh Fruit
Bottled Water & Gatorade
\$8.95 per person*

Junk Food Frenzy

*Assorted Candy Bars/Skittles and m & m's
Mini bags of Assorted Chips
Ice Cream Sandwiches
Assorted Sodas & Bottled Water
\$8.95 per person*

Sweet Treats

*Assorted Freshly Baked Cookies:
Chocolate Chunk, White Chocolate Cranberry, Oatmeal Raisin & Peanut Butter
Iced Brownies
Iced Cold Milk
Coffee
\$8.95 per person*

**Breaks are based on ½ hour service*

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Ala Carte

Freshly Brewed Regular and Decaffeinated Coffee (per gallon) \$29.00

Freshly Brewed Iced Tea (per gallon) \$29.00

Bottled Lipton Tea-Sweetened, Unsweetened, Tangerine, Raspberry, & Green Tea
(each, based on consumption) \$2.25

Hot tea-Regular, Decaffeinated, Green, Black, Earl Grey & English Breakfast
(each, based on consumption) \$1.00

Hot Chocolate (each) \$1.00

Lemonade (per gallon) \$14.00

Assorted Bottled Sodas-Pepsi, Diet Pepsi, Dr. Pepper, Diet Dr. Pepper, Sierra Mist
& Mountain Dew (each, based on consumption) \$2.50

Bottled Water (each, based on consumption) \$1.00

Assorted Juices-Orange, Cranberry & Grapefruit (per carafe) \$18.00

Assorted Can Juices-Tomato, Pineapple & Apple (each, based on consumption) \$2.00

Milk-2%, Skim & Chocolate (each, based on consumption) \$1.00

Assorted Breakfast Pastries-Bagels, Danish, Donuts, Muffins & Bear Claws served with
assorted jams, cream cheese & butter (per dozen) \$24.00

Cereal-Special K, Rice Krispies, Granola, Raisin Bran, Fruit Loops, Lucky Charms,
Shredded Wheat and Corn Flakes (each) \$2.00

Assorted Cookies-Chocolate Chunk, Oatmeal Raisin, Peanut Butter & White Chocolate
Cranberry or Brownies (per dozen) \$24.00

Assorted Granola Bars (per dozen) \$12.00

Assorted & Fruited Yogurts (each) \$ 2.00

Whole Fresh Fruit (each) \$ 1.50

Assorted Candy & Candy Bars (each) \$1.50

Assorted bags of Chips-Zapp's-Mesquite BBQ, Regular Flavor, Sour Cream & Creole
Onion, Cajun Dill, Cracked Pepper & Sea Salt, and Salt & Vinegar (each) \$ 2.00

Mixed Nuts (per pound) \$15.00 Pretzels (per pound) \$6.00

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Themed Dinner Buffets

Italiano

Classic Caesar Salad

Antipasti Salad

Chicken Parmesan

Grilled Vegetable or Traditional Lasagna

Cheese Ravioli with Italian Sausage, Mushrooms & Alfredo Sauce

Oven Roasted Vegetables (Squash, Zucchini, Onion & Peppers)

Garlic Toast

Coffee, Iced Tea

Cheesecake with Chocolate Sauce

\$26.95 per person

Mardi Gras

Mixed Greens, Tomatoes, Bleu Cheese, Cucumber, Mandarin Oranges,

Caramelized Almonds and Choice of Two Dressings

Oven Roasted Vegetables

Blackened Chicken served with Spicy Black Beans, Bayou Butter &

Crispy Tortilla Confetti

Creole Jambalaya simmered with peppers, spiced ham, chicken,

Andouille sausage and rice

Rolls & Butter

Coffee & Iced Tea

Chocolate Cake with Caramel Sauce

\$26.95 per person

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Dinner Buffet

All American Buffet

Choice of two salads:

*Mixed Greens with Tomatoes, Bleu Cheese, Cucumber, Mandarin Oranges, Caramelized Almonds and
Choice of two dressings
Pasta Primavera
Yukon Gold Potato Salad*

Choice of one carved item:

*Chef Carved Citrus Roasted Turkey Breast served with pan gravy & rolls
Chef Carved Prime Rib of Beef served with whipped horseradish,
au jus & mini rolls
Chef Carved Roast Beef served with BBQ and horseradish sauces, mini rolls
Chef Carved Ham with Orange Honey Glaze & rolls*

Choice of one entrée:

*Southern Fried Chicken
Slow Roasted Pork Loin served with fresh Rosemary, garlic & natural jus
Sliced London Broil served with wild mushroom sauce*

Choice of two side dishes:

*Rosemary Roasted Red Bliss Potatoes
Yukon Gold Mashed Potatoes
Baked Potatoes
Twice Baked Potatoes
Pecan Wild Rice
Apple Sage Cornbread Stuffing
Oven Roasted Vegetables
Fresh Green Beans with Smoked Bacon and Caramelized Onions
Grilled Seasonal Vegetables
Fresh Rolls and Butter
Assorted Fruit Pies
Coffee and Iced Tea
\$29.95 per person*

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Hors d'ouvers Buffets

Menu I

*Assorted Marinated Beef, Vegetable & Chicken Skewers
Fresh Fruit Display
Cheese & Vegetable Trays
Artichoke Spinach Dip with Pita & Tortilla Chips
Mini Cocktail Sandwiches on assorted breads
\$21.95 per person*

Menu II

*Assorted Crostini
Fruit Display
Fresh & Grilled Vegetable Trays
Swedish Meatballs
Stuffed Mushrooms
Assorted Imported & Domestic Cheeses
Mini Chocolate Desserts
\$21.95 per person*



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Hors d'oeuvres Trays

per 50 pieces

Jumbo Shrimp with Cocktail Sauce \$125

Italian Style Meatballs in Marinara Sauce \$75

Chicken Tenders with Honey Mustard Sauce \$75

Crab Stuffed Mushroom Caps \$85

Mini Quiche \$70

Mini Beef Wellington \$95

Reception Items

Small 25-35 people; Medium 35-65 people; Large 75-100 people

Crudites with Dip \$65-\$115-\$170

Grilled Vegetable Display \$85-\$115-\$185

Fresh Fruit Display \$65-\$105-\$155

Domestic & Imported Cheese Display \$65-\$125-\$185

Cheese, Fruit, & Crudites \$160-\$235

Petit Dessert Station \$75-\$125-\$175

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